



Canadian Amateur DanceSport Association

Association Amateurs De Danse Sportive Du Canada

RULE 5- YOUTH, ADULT, Senior I,II, & III DRESS CODE

IMPORTANT NOTE: Rule1 (General Rules) & Rule 2 (Definition of Terms) apply. Please print off as well when printing out this Age category's dress code.

5.01 NEWCOMERS PRE-BRONZE, & BRONZE - Standard and Latin

Ladies:

Standard and Latin

- Competition style costumes are **not permitted**
- Dress, or skirt and blouse. General shape and modesty areas as per chart.
- Lady's dress **must not** be decorated with sequins, diamante, rhinestones, feathers, fringe, floats or similar decorations
- Materials **must not** have metallic thread or light effects.
- Dress or skirt **must be** between mid thigh & mid calf in length
- Bare midriffs, openings in the skirt in the front, side or back, pants, jeans, or jumpsuits are **not permitted**
- Floats are **not permitted**
- The breast area must be covered and have no see-through fabric on this area. (See IA (Intimacy area) in Champ diagram)
- High cut panties, tangas/thongs, skin coloured panties, or see through panties are **not permitted**. (See IAs in Champ diagram)

Gentlemen:

Standard:

- Competition style outfits are **not permitted** at these levels
- Jacket **or** a plain black or navy vest **or** cardigan (**No** studio or club logos allowed.)
- Long sleeved white or black shirt
- black tie or bow tie
- suitable trousers - **No** jeans or leather pants

Latin:

- Competition style outfits are **not permitted**
- Long sleeved white or black shirt **and** a plain black or navy vest **or** cardigan (studio or club logos **not permitted**.)
- **or** a long sleeved plain black turtle neck
- Suitable trousers- **No** jeans or leather pants
- Black tie is **optional**
- Sequins, diamante, rhinestones, or similar decorations on the dance wear are **not permitted**

Hairstyles & Jewellery

- Decoration in the hair involving light effects are **not permitted**
- Decoration jewellery involving light effects is **not permitted**
- Males with long hair **must** wear their hair in a ponytail.



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5.02 SILVER, GOLD, PRE-CHAMPIONSHIP, & CHAMPIONSHIP -Standard & Latin

See Dress Code Charts Below

Some Regions may elect to have costumes optional in Silver, and/or Gold Level

DSBC-optional in Silver & Gold Silver but both members of the partnership must either be in costume or both in the dress code described under this Rule 5.02 (Not a mixture of the two dress codes)

DSAB & DAA -optional in Silver but both members of the partnership must either be in costume or both in the dress code described under this Rule 5.02 (Not a mixture of the two dress codes)

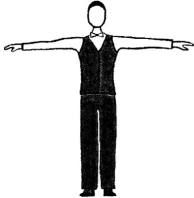
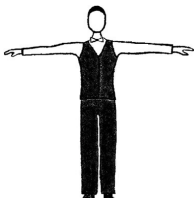
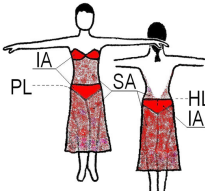
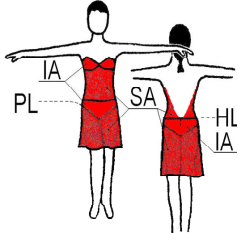
OADA & AADSQ costumes mandatory in Silver & higher

All Levels

Hairstyles

Gentlemen: If the hair is long it **has** to be worn in a ponytail.

YOUTH, ADULT, ADULT II (SENIOR 1), & ADULT III (SENIOR 2) CHART

| 1. DANCE DRESS – Only Allowed | | | | |
|---|--|--|---|--|
| Partn er Disc. | Male | | Female | |
| | Standard | Latin | Standard | Latin |
| RULE 5.01 Youth/ Adult 1, 2,3 Beginner to Bronze | W or B LS shirt Bo vest Bo trousers W/Bo tie/bow tie  | W or B LS shirt Bo vest or black turtleneck Bo trousers W/Bo tie/ bow tie(optional)  | No competition dress, Any decorations – NA Two piece dresses NA  | No competition dress, Any decorations NA Two piece dresses NA  |



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|--|--|--|---|---|--|---|--|--|--|
| <p>RULE 5.02 Youth, Adult 1,2,3 Silver to Champ</p> | | <p>B Jacket suit (B trousers B jacket Either W shirt B tie Or W tail shirt W bow tie)</p> | <p>B Tail suit (B trousers B tails Either W waistcoat W tail shirt W bow tie)</p> | <p>C Shirt/Top CnS trousers</p> | | <p>C Competition dress two piece dresses NA two piece dresses NA</p> | | <p>C Competition dress Top and trunk must not be only bikini</p> | |
|--|--|--|---|---|--|---|--|--|--|

2. DECORATIONS, LIGHT EFFECTS

| Partner Disc. | MALE | | FEMALE | |
|---------------------|----------|-------|----------|-------|
| | STANDARD | LATIN | STANDARD | LATIN |
| Youth to Adult 3 | NR | | | |

3. SHOES, SOCKS, TIGHTS

| Partner Disc. | Male | | Female | |
|---------------------|-----------|-------|----------|-------|
| | STANDARD | LATIN | STANDARD | LATIN |
| Youth to Adult 3 | Shoes: NR | | NR | |

4. HAIRSTYLES

| Partner Disc. | Male | | Female | |
|---------------------|--|----|--------|----|
| | ST | LA | ST | LA |
| Youth to Adult 3 | If the hair is long it has to be worn in a ponytail | | NR | |

5. MAKE-UP

| Partner Disc. | Male | | Female | |
|---------------------|------|----|--------|----|
| | ST | LA | ST | LA |
| Youth to Adult 3 | NR | | | |

6. DECORATION JEWELLERY (not personally jewellery)

| Partner Disc. | Male | | Female | |
|---------------------|------|----|--------|----|
| | ST | LA | ST | LA |
| Youth to Adult 3 | NR | | | |