



PRESIDENT'S MESSAGE ...

Dear OADA Members,

Since last E-Newsletter, the following are your current OADA board members:

Gord Brittain - President
Paulina Cheng - Vice-President
Dave Winn - Treasurer
Magda Wajzer - Secretary
Andrew Wajzer - Entertainment
Henri List - Membership
Margaret Law - Publicity
Candy Leung - Webmaster
Nixon Wu - Webmaster
John Choi - E-newsletter Editor

Since this is the first e-newsletter in almost a year I would like to update you on a few changes that were made at last year's AGM.

The Bylaw 10.3.2 were the OADA mail out regarding the AGM was changed to add the word "email" passed so now OADA can save on postal rates. This means it is very important that you notify OADA of a current valid email address so that we can notify you of any important

items. A copy of the ballot will also be found on the OADA website.

From CADA:

CADA AGM 2008 in Halifax, Nova Scotia the following items were passed:

- Amateur teachers do not need to re-qualify once they have passed their amateur teaching test
- Senior Finalists may teach- need mentor, fee, pass test, sign Release
- Top 3 in Senior 2 may teach- need mentor, fee, pass test, sign Release
- Amateurs who are not elite but are school teachers are permitted to teach dancesport to their class in their school
- Anti doping must be applied at CCC 2009 (will now be applied at CCC 2010)
- New CADA Logo- thank you to OADA's Stephen Kwong
- National Team jackets will be supplied for all world reps
- Received \$10,200 donation from DanceSport for Charities - Thank you to Dave & Jenny Stokes of Jade Trophies

MESSAGE continued on page 2...

From the Editors...

I am honoured to become the E-newsletter Director of O.A.D.A. I hope my past experience with an official inflight airline magazine would bring some new waves to the e-newsletter. Special thanks to Stephen Kwong and Daniel Cheng in putting their precious time and effort to help design and edit the articles. If you are interested in contributing to the growth of E-newsletter please feel free to contact us.

Whether you are looking for a partner, have dancewear to trade, or simply just want to tell us something, we welcome your contributions to us. If you have any feedback about the new E-newsletter, we want to know.

Newly introduced to O.A.D.A is the Patronage program. Patrons provide invaluable support, encouragement and financial aid to O.A.D.A. and its athletes. Your sponsorship helps to bring out the best in our dance community and is greatly appreciated. Fellow members with friends and families who are interested in joining this rewarding role can contact us directly.

Please enjoy our e-newsletter !!

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MESSAGE from page 1

- Support for second place to receive same bursary as first place from CADA
- Dress code changes- young boys now permitted fitted vests in lower categories instead of Tail suits- new user friendly dress code to be developed this summer
- Senior 1, Senior 2, Senior 3 to now be called Adult 2, 3, 4

CADA met with members of CDF and discussed:

- Amateur teaching
- Dress Code
- Sanctioned competitions in Canada
- Judging- new ones, judging criteria
- Singles competitions
- Support for Canadian dancers
- Future of DanceSport in Canada
- Regional & National meetings between amateurs and Professionals will be held

CADA at 2008 IDSF AGM in Moscow:

- lifts are not permitted (already understood but now officially in the Rules)
- 4 advertising – max 2 on lady & 2 on gentleman instead of 1 each
- Paso Doble up to second highlight unless Chairman feels longer time is required
- New IDSF Logo - check IDSF website
- Vision 2012- go to IDSF web site & play video
- World Dancesport Magazine can be downloaded from IDSF web site
- New IDSF media guide on web site
- Next year IDSF to study youth age, number of nights for rooms for juniors travelling long distance
- Check IDSF web site for unregistered competitions
- Check the CADA website for updates to the CADA Board since most Regions are now holding their AGM's.

CADA AGM 2009 in Montreal, Quebec the following items were passed:

- Word "day" dress eliminated, rest of changes to dress code are just a clean up
- CCC schedule changed to max. 4 hours between heats & semi & final must be run at night
- CCC results therefore have 9 OADA couples going to Worlds this coming year.

Amateur Teaching: I remind all the qualified amateurs who qualify under CADA Rule 8.03 to make sure you have submitted to OADA (Paulina Cheng will now be looking after Amateur Teachers) your Release (if a new Teacher), your mentor's name, paid your Annual License fee and results of your Amateur Teaching test. If you have not made arrangements for your test please do so immediately.

This past year many Sanctioned competitions were held in Ontario. Please check the OADA website for an updated list of sanctioned competitions and if in doubt please contact me. Please support all our Ontario Promoters since without them DanceSport would not be thriving in Ontario.

OADA is still looking for a new venue to host competitions. Requirements: good wooden dance floor, capacity for over 1000 spectators, change rooms, reasonable rental fee, ample free parking, and available on a Saturday. If you know of any such venue I would appreciate you contacting me.

Yours in dance

Gord Brittain
OADA President

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NEW OADA MEMBERS Welcome aboard !!

Padula, Mia	Anikeeva, Elena	Cheung, Arthur
Luzio, Marissa	Poutilova, Elenora	Collier, Clinton
Michniewicz, Natalie	Duncan, Natasha	Odlevakova, Silvie
Michniewicz, Andrew	Hegedus, Janos Mark	Bugna, Jocelyn
Milacic-Perusina,	Kuza, Zuzanna	Rogers, Jeffrey
Tejada, Tito	Machala, reuse	Delaney, Paul
Borowska, Victoria	Kruszynski, Miroslaw	Wong, Carey
Otrebska, Malvina	Ciosek, Ewa	Austria, Melodie
Kozłowska, Klaudia	Soulliere, Bailey	Villanueva, Jay
Wojcik, Anna	Wong, Sunny	Wang, Olivia
Mul, Daniel	Robertson, Ken	Saraza-Pacheco, Raymond
Gondzik, Nicolas	Zielinski, Adam	Saraza-Pacheco, Jenalyn
Borychowski, Konrad	Zielinski, Anita	Lister, Lacey
Rapacz, Mateusz	Dobrovicesescu, Lili	Jimenez, Rachel
Kataev, Nicol	Szewc, Alexandra	Lee, Donna
Tarantino, Marcus	Cheung, Amelia	

World Championships, Vienna-Austria 2008



Richard Tonizzo & Claire Hansen

By Richard & Claire

We arrived on the 13th of November on a cold and dark afternoon in Vienna Austria, 2 days before we were going to compete. We were greeted by the organizers and then transported by van along with some American competitors to the hotel. Feeling the jet lag, we had dinner and went to bed early.

The next day we had nothing planned and took advantage of a day off to explore the city of Vienna and to find the venue where we were to compete. We were told that the venue was only a 10m in walk from the hotel so we proceeded to find the venue. After much walking around a massive stadium where we thought for sure the competition was at, we finally found some dancers to follow. (They were all dressed up in competition gear). Finally finding the entrance to the venue, we registered for the Worlds, collected our number and then headed off to then do a little sight seeing.

We were a fair distance from the city, so Claire and I decided to see one of the many historical sights of Vienna. We decided to see the magnificent Schönbrunn Castle, where the Royals of Austria once lived. We had a tour of the palace! What an amazing

place! There were so many rooms, so much furniture and so much history. After the tour, we went to the rear gardens. What a garden this was! You could fit many soccer fields in the rear gardens. The only shame was that due to the time of the year, no flowers were blooming or leaves on the trees.

After 2 hours of touring the palace and the gardens, we sat down at a near by restaurant, located within the palace walls, and ate some traditional Schnitzel and Goulash. By this time, we were tired and returned to the hotel to rest and prepare for the competition the following day. We had a fabulous day touring Austria. In the future though, I recommend to not walk all day the day before the competition. Our shins were a bit sore the next day!!!

Competition Day! Today is the day to perform! After having a buffet breakfast, which was very well stocked, we walked over to the competition and were taken to our changing rooms. After dancing the first few rounds, we had the parade to do for TV and evening purposes. Representing Canada, we are always near the front of the parade line. However, in Austria, Canada is spelt with a K, so we were demoted to the



middle of the pack, with Croatia as well being spelt with a K. The city and competition was a great experience for us, and we were honoured to represent Canada in the 2008 World Championships.

Editors' note - Richard and Claire placed 31st out of 160 couples at the UK Open Championships in January 2009 and in the Semi Final for the BDF Star Championships 2009.



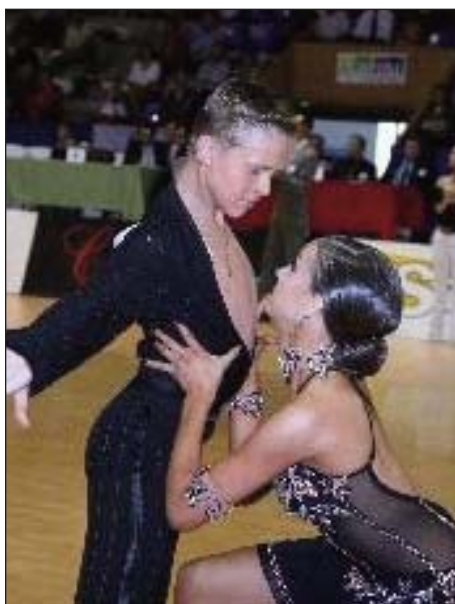
Viva Espana!

By Patrick & Ella

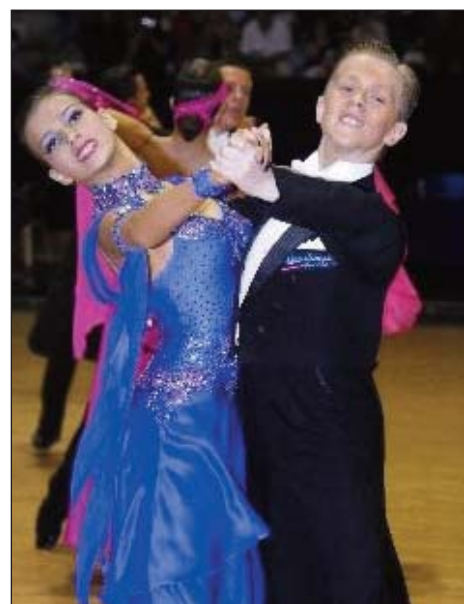
What a trip it has been! It all began after an eight hour flight to Barcelona. We arrived at the International Barcelona Airport with smiles on our faces, and a bit lack of sleep. After getting our suitcases and searching for the IDSF representatives, we finally got our names checked off the list -- Patrick Rucinski and Ella Nusenbaum arrived!! We had to wait for a few more couples before we could take the bus to the seaside town of Salou. Luckily, we found great company in the other Canadian couple who also arrived. After about an hour and a half of running around a beautiful airport, other familiar faces turned up, and we all set off towards Salou.

Two hours had passed, and finally, we arrived at our hotel: Hotel Jaime I. Our parents went to the front desk to pick up our room keys while we began to relax in the beautiful hotel lobby thinking about the day ahead of us. Unfortunately, our parents came back to us with bad news: the hotel didn't have rooms available for us for that first night! After five hours of IDSF representatives trying to find us a hotel nearby, we set off by foot, carrying all our bags, to another hotel about half a kilometre away. Luckily, our rooms were ready, and as it was already the late afternoon, we slowly prepared all our stuff for the next day.

Morning arrived and we awoke at 8:00 am to get ourselves covered in tanner, makeup, and hairspray. We got all our suitcases together again, and by taxi, went to drop them off at the original hotel. Afterwards, we made our way to the Dance Olympiad. That day we planned to compete in the Junior Open Latin Championships, but at our arrival, we found out we weren't registered. Sadly, the organisation of the event was poor, and we were stuck outdoors in the beating sun waiting for permission to enter, change, and warm-up. Finally, after about an hour, we got our number, and got ready to dance. The day soon came to an end, as we stood waiting for our results after dancing 4 rounds. Names were called and before we knew it, we were placed 2nd after a French couple. It was one of the best results of our partnership, and our smiles on the podium showed it.



Patrick Rucinski & Ella Nusenbaum



May 3rd: We awoke early at 5:30 am to prepare for the competition that brought us to Spain: Junior II Standard World Championships. Without a single bite of breakfast, we made our way back to the Dance Olympiad. The registered 64 couples began dancing at 9:00 am, a rather early time for a World Championship to begin. Soon, 16 couples were eliminated and we danced the top 48 round. Knowing there was a 5 hour break between the Top 48 and Top 24 with the parade, we decided to take the time to have breakfast and take a little break. We were hoping to make the Top 24, but expecting much less. To our surprise, we saw our number on the list of qualifying couples for the Top 24, but did not see the number of the other Canadian. The quarter-final approached, and we danced our best

with smiles on our faces, and placed 20th in the 2008 World Championships. The day came to an end, and we took the 2 kilometre walk back to our hotel with pride shown in our smiles.

Evening came, and so did the last day of our Salou experience. We took the time to get to know our competitors, and learn about kids who are just like us, but live on the other side of the world. We had the opportunity to learn about different dancing and learning habits in other countries, and were surprised to see the differences and similarities.

The trip came to an end and we look back to it as one of our best accomplishments. We'd especially like to thank both our Standard and Latin coaches for preparing us for this important competition!



Our First Canadian Closed Championships

By Nurlan Galliamov & Anastasia Soboleva

It was our very first Canadian Closed Championships, and we were very excited. But, just like before any other competition, we were also very nervous. Nurlan and I only started taking lessons together consistently in September 2007, we were really worried whether or not we were ready for this Championship event.

On March 21st, we were on our way to Halifax. During the flight, the flight attendants told the passengers that Canada's best Dancesport competitors were traveling on board to the Canadian Closed Championships and all the passengers clapped for us. This announcement made us very proud to be part of such a special event. Right away, we felt the spirit of competition.

When we arrived in Halifax, there was a lady who met and greeted us. She provided all the competitors with transportation service straight to the hotel. In the hotel reception, we received a welcome letter from the competition organizers. We also received a special competitor's package with an invitation to a competitor's after-party. All this made us feel very special.

The competition was very organized. There were lots of great judges, visitors and competitors from all across Canada. It was a very festive atmosphere. On the first day, we danced Junior Pre-Champ Latin. There was a semi-final and the competition was very tough. We were worried, but once on the floor, all our worries were gone and we danced our best. When we found out that we got to the final, we were extremely happy.

On the second day, we danced Standard in both the Pre-Championship and Championship categories. Pre-Championship was scheduled for the afternoon and we had to get up early to prepare ourselves. Because we danced Championship in the evening, we had to stay at the competition venue all day long. We were a little bit tired and nervous but our teacher said that we danced very well and our parents were really proud of us.

During the competition we became friends with our competitors from Quebec, Daniel Zaharia and Katherina Kushniruk. They



Nurlan Galliamov & Anastasia Soboleva

promised us to come to Crystal Leaf Canadian Open Dancesport Championships in April. It will be nice to meet our new friends again.

After the competition, we had a lot of fun at the after-party with all our competitors. Later, when it was really late, all the junior competitors including Winson & Anna, Patrick & Ella, Ugnius & Rina and us went to our teacher's room and watched a movie. That night was really fun.

On our way home, we met Pierre Allaire at the airport. He congratulated us and wished us good luck. It was a pleasure to get attention from a Canadian Legend in Dance. His greeting meant a lot to us.

We would like to thank all the judges, organizers and volunteers for a great competition. Being a part of this wonderful event was a very good experience for us. It will help us with competitions later in the future.

We would also like to give a special thanks to our coach, Larissa Kerbel, for the training, motivation and support throughout the year. As well, she spent her valuable time doing all the girls' hair before the competition. It took several hours setting our hair and she had made it very beautifully.



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MY FIRST TIME COMPETING IN THE CANADIAN CLOSED CHAMPIONSHIPS

By Emilie Attia

I grew up in a busy city known as Montreal. I'm 13 years old and I LOVE TO DANCE. I'm currently training in ballroom dancing at Dance Mania School with my wonderful teachers, Lena Nikon for my Latin studies, and Svetlana Kolomiets for my Standard studies. I have been involved with this determined sport for only 1½ years and it has captivated my passion to continue this sport for life. Some people say that Ballroom Dancing is not a sport but I believe it is. It's a sport that takes a lot of courage, determination, passion, knowledge, desire, practice and fulfillment.

Before my life in the world of ballroom dancing, I was a professional gymnast having had studied gymnastics for 7 years. My greatest accomplishment was placing 2nd at the Eastern Canadian Championships held at McMaster's University. Sadly, I had to stop gymnastics because the 6½ hours practicing was seriously affecting my school studies. It was very hard to balance the two activities. Nevertheless, I'm glad that my gymnastics training really came through with the endurance, speed and flexibility needed for my Ballroom dancing.

One day while practicing with my handsome partner Daniel Dvorkin, our teacher Lena Nikon told us that we were going to

compete in the Junior Latin Championship at the Canadian Closed Championships held in Halifax, Nova Scotia. I was thrilled with excitement as this would be our first time competing at a Canadian Closed Championships. I was jumping for joy!

No sooner, we were packing our bags and ready to fly to Halifax. We travelled with our fellow dance friends Rannan Marants and Lial Beri who were competing in the Youth Champ Latin and Standard categories. We had such a good time on the plane with all the excitement that built up inside of my stomach; I felt the excitement in the air. As soon as we got to the hotel we went to the practice hall. With all the other couples around us, we were intimidated but this also motivated us to strive and dance the best we could be. We were getting ready for the big night!

After finishing my hair and make up, my partner and I were all set to go. We joined the parade march and we were standing proud on the floor as we sang O' Canada. Afterwards, we went stretching and practicing one last time as tensions were running high. As we were lining up for the semi-final, my mind kept saying "after all the hard work and it is finally the time to dance for the audience and judges and show them the best we can dance."

After the semi-final round, we were anx-



iously waiting for the results and it was nowhere in sight. I went to fix my make-up and when I walked into the hall, I was pleased to see my partner running to me with a smile on his face; it could only have meant one thing, that we made it into the final! At that point, I didn't care what place I got, I just wanted to show everyone in the audience and judges that we can do it.

It was time for the results, when MC announced "here are the results for the Junior Latin Championships of 2008, and in 6th place, (it would be us for sure I mean the youngest couple on the floor...hoof...deep breathe) and in 5th place, Daniel Dvorkin and Emilie Attia." I was happy with the result. We went up to the floor to receive the awards and flowers and congratulated the other couples on the podium. I think that's pretty good for our part. My experience in Halifax was amazing and the most important thing is that we enjoyed dancing together and Lena Nikon and our family were pleased with our performance.

This was a wonderful experience competing in CCC 2008 and I hope to compete in CCC '09 and '10 and so on. I now know what it's like to enjoy dancing, not to think about the results and just dance with the music and enjoy dancing together with your partner.

Editors' note - Great inspiration. Thank you, Emilie. We wish you all the best in the future!



2009 CANADIAN CLOSED CHAMPIONSHIP TEAM CANADA



From Left to Right

Junior Latin : 2nd Richard Lifshitz & Bella Paskova, Québec ; 1st - Winson Tam & Anna-Nina Kus, Ontario
Adult 3 (Senior 2) Latin : 2nd Claude & Diane Demers, Québec ; 1st – Roland & Carol Cyr, New Brunswick
Adult 2 (Senior 1) Latin : 2nd Yvan Lacroix & Manon Lemay, Québec; 1st Jim Deglau & Elena Sinelnikova, Alberta
Youth Standard : 2nd Stanislav Kestel & Virginie Primeau-Poirier, Québec; 1st -Patrick Rucinski & Ella Nusenbaum, Ontario
Adult Standard : 2nd Richard Tonizzio & Claire Hansen, Ontario; 1st Anton Belyayev & Antoaneta Popova, Ontario
Adult Latin : 1st Antoaneta Popova & Anton Belyayev, Ontario; 2nd Alina Litvak & Maxim Fomin, Québec
Youth Latin : 1st Virginie Primeau-Poirier & Stanislav Kestel, Québec ; 2nd Katherina Kushniruk & Vladislav Bohdanov, Québec
Adult 2 (Senior 1) : Standard: 1st Suzie Maille & Luc Richer, Québec ; 2nd Suzanne Murray & Andre Plante, Québec
Adult 3 (Senior 2) : Standard: 1st Carol & Roland Cyr, New Brunswick ; 2nd Kitty & Philip Lam, Ontario
Junior Standard : 1st Anna-Nina Kus & Winson Tam, Ontario; 2nd Maria Gladkikh & Shawn Potapovskai, Ontario

April 2009

Dear Dancers,

Congratulations to AADSQ on producing a very successful 2009 Canadian Closed Amateur Championships (CCC) in Laval, Quebec on Easter weekend. Results of these championships can be found on the CADA web site at www.dancesport.ca. The venue was excellent, music & lighting were superb, competitions were exciting and fiercely fought, and the event was almost sold out both days. Great competition AADSQ!

Canada's representatives to the different IDSF World Championships and World Games were selected. New dancers to the World Team will receive the CADA Team jacket to wear proudly at competitions.

New Amateur Teachers, as a result of their results at the CCC, must contact their Regional Association regarding the process required to begin teaching.

Next year's Canadians will be held on April 2nd & 3rd 2010 in Calgary, Alberta produced by DanceSport Alberta.

On the Thursday prior to the CCC, CADA held its Annual General Meeting. This meeting lasted approximately 8 hours where many issues were discussed. A couple of minor CADA Rule changes resulted to the CADA Dress Code which will be sent out and published in each Region.

The next day, on the Friday CADA and CDF held its Annual Joint meeting. This meeting lasted for approximately 3 hours and many issues of concern to both Organizations were discussed. The Regional Associations and CDF already meet on a regular basis but this is always an excellent opportunity for the National Amateur and Professional Organizations in Canada to meet and discuss the future of dancesport in Canada.

Visit the CADA web site regularly for an updated "sanctioned competition" list or results of our Canadian couples at Worlds or other top competitions.

Yours in dancing,
 Sandy Brittain
 CADA President



CONGRATULATIONS TO ONTARIO FINALISTS IN THE 2009 CANADIAN CLOSED CHAMPIONSHIP:

Junior Standard:

1st - Winson Tam & Anna Nina Kus
 2nd - Shawn Potapovskai & Maria Gladkikh
 3rd - Ugnius Vaidila & Rina Brandt
 4th - Nourlan Gallyamov & Anastasia Soboleva

Junior Latin:

1st - Winson Tam & Anna Nina Kus
 3rd - Ugnius Vaidila & Rina Brandt
 5th - Nourlan Gallyamov & Anastasia Soboleva

Youth Standard:

1st - Patrick Rucinski & Ella Nusenbaum
 3rd - Daniel Studenny & Sarah-Maude Thibaudeau
 5th - Nikita Ivanchenko & Nicole Gynga
 6th - Aleksey Anisimov & Mariya Zekel

Youth Latin:

3rd - Patrick Rucinski & Ella Nusenbaum
 4th - Nikita Ivanchenko & Nicole Gynga
 5th - Daniel Studenny & Sarah-Maude Thibaudeau
 6th - Arthur Shigapov & Irina Goncharouk

Adult Standard:

1st - Anton Belyayev & Antoaneta Popova
 2nd - Richard Tonizzio & Claire Hansen
 3rd - Allan Gillin & Anastasia Trutneva

Adult Latin:

1st - Anton Belyayev & Antoaneta Popova
 4th - Allan Gillin & Anastasia Trutneva
 5th - Vladimirs Kurcevskijs & Sandra Rucinski
 6th - Artur Adamski & Alexandra Plaza

Adult II Standard:

4th - Stanislav Tereschenko & Elina Katsman

Adult II Latin:

5th - Christophe Pasquier & Jocelyne Pasquier

Adult III Standard:

2nd - Philip Lam & Kitty Lam

5th - John Choi & Anabeth de Castro

Adult III Latin:

7th - John Choi & Anabeth de Castro

Adult IV Standard:

3rd - Allen Torrenueva & Lori Yip

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My Journey...

By **Tanya Cardinal**



There are many different events that have contributed in my journey to become a qualified dancesport adjudicator and teacher/coach. Here are a few insights into some of them.

There is no question that the teachers I had during my competitive career, both as an amateur and professional student, have a lot to do with the teacher I am today.

I also believe that ones' work ethic and general outlook plays a big part in a person's success. If you can pick yourself up after an unfavourable result and be ready to listen to the teacher's assessment, whatever it is, and then work to improve those skills, you WILL succeed eventually.

Sylvain and I knew fairly early on in our partnership that we wanted to make dancing a very big part of our lives. To that end, we made a decision to live in London, England for a summer to gain extra international experience and training. At the time, most of the major international competitions took place in Europe and it was too expensive to travel back and forth. As amateurs, we were not allowed to teach and earn money from our dancing at the time. Today that has changed and makes things a little bit easier for the top amateurs.

As some people may know, our "summer" in England turned into 5 years and many, many competitions including 2 World Amateur Latin semi-finals and a 13th place at Blackpool.

We worked extremely hard making costumes for many competitors in London and Europe to pay our way, (Sylvain is a fashion designer/tailor by trade), but we must thank all of our teachers and coaches for their guidance and support, specifically Denis & Adele Tremblay and Colin James.

We turned professional in 1994 after being Undefeated Canadian Amateur Latin Champions in 1992 & 1993. It was then time to return to Canada where we decided to start a new page in Toronto as teachers and competitors. We had great support from

the dance scene in Ontario, both from the amateurs and professionals.

If we were to make this our life we decided that we needed to know more in depth what we were teaching and so decided to start the process of becoming qualified. I must admit that we prepared for it pretty much on our own for the first exam, the Latin associate, and that was not the best way. I know this now. There were too many little details that we didn't have any experience with and had to learn the hard way. It would have been a bit easier if we had trained for the exam with a qualified teacher.

So, in 1995 we were "qualified" Latin teachers. We just didn't know how much we didn't really know! There was still the associate standard and both of the licentiate exams to complete, but we'll talk about that later.

We continued to compete extensively and decided to add more to our plate and returned to compete in standard as well as the Latin. Some of our result highlights as professionals were: Canadian Ten Dance Championships-3rd; Canadian Open Pro Latin Runners-Up; Ontario Professional Latin & 10 Dance Champions since 1995-1999; USDSC Semi Finalists in Miami 1999; 1999 International Hong Kong Champions; to name a few. It was a crazy life!

Our teaching picked up and finally we decided to open a studio. The scene in Toronto was very different at the time. There were only a few dedicated studios for dancesport. The Continental in Mississauga, Anna's Dance Center downtown, and a few social halls that ran evening or weekend dances. We managed to rent space at a few of these places. We also ran some classes in Kitchener-Waterloo, (this is where I grew up as a kid, for the most part), for a number of years. We were running around from one place to another and soon didn't have time for anything!

In 1999 Cardinals' Viva Dance Studio was born! With a lot of work and help, we are still here today. Many thanks to everyone who have supported us through the years including our family.

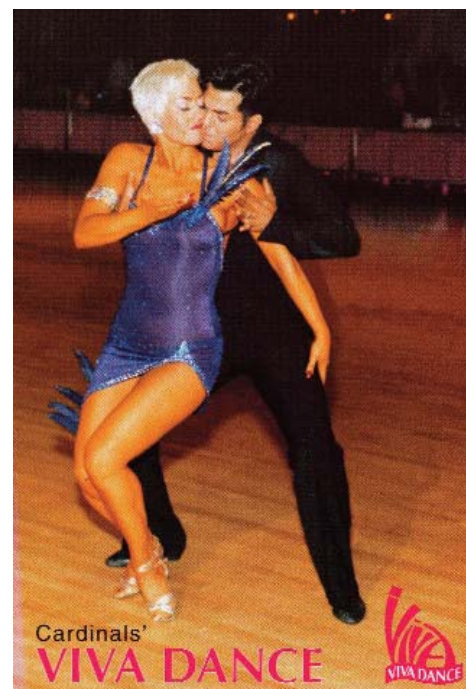
We finally decided to hang up our com-

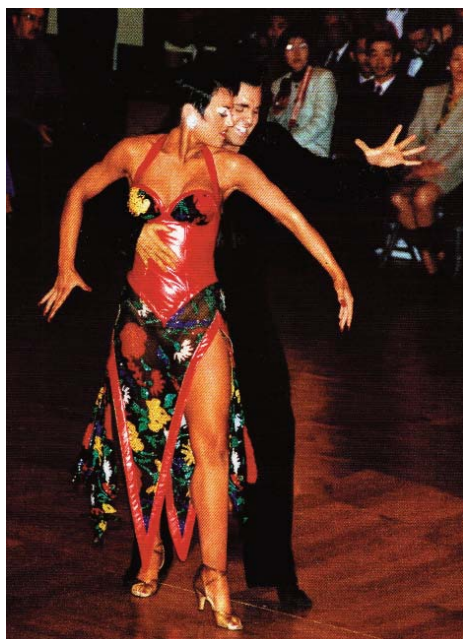
petitive shoes in 2000 and it was time to start judging. But we still needed to get through 3 more exams.

Sylvain was extremely busy with his teaching, so I decided to get it done first. This time I decided to do it the right way though. I called Alan Armsby to book some lessons as I had heard that he was the guy to see. Over the next couple of years he guided me through the rest of my exams and in 2003 I became a qualified judge. For those of you that don't know, these exams are quite extensive. It involves knowing all the small details of each step including the amount of turn, the alignments and direction, the foot positions and footwork and ALL the variations possible for that step. As well, you must demonstrate the steps in a routine with a partner and you must do both the man's and the lady's parts to music. It's a lot of work! And every exam includes more steps!

In December 2007 I passed my Fellow exam in standard, (which was really scary) and am currently studying for my Latin fellow exam. Incidentally, Sylvain has also found the time and energy to complete his examination process. I had a teacher who once told me that when you think you know it all and stop learning and taking lessons, it's probably time to retire and stop teaching.

The Canadian Dancesport Federation has implemented an apprentice program for new judges that I think are great. New judges





must judge 3 times as an apprentice after they have completed their Licentiate exam in order to get their full judging credentials. I think it's great because I remember how nervous I was going out onto the floor to judge for the first time and not really knowing how it all works. Luckily, Alan Armsby had gone over some of these issues during my lessons, but it was intimidating. Everything happens so fast and you want to make sure that you make the correct decision based on what you see. Thankfully, I've had a bit more practice now.

Although the Canadian Dancesport scene has been a bit unsettled recently, I believe that the two major organizations, the CDF (Canadian Dancesport Federation) and CADA (Canadian Amateur Dancesport Association), have handled the different problems and issues very well and most importantly, together. The executives of



From left to right: Sylvain Cardinal, Natasha Cardinal, Jeannette Cardinal, Hubert Vezina- aka the God of Fortune?, Heike Vezina, and Tanya Cardinal

both groups communicate regularly together and last year was the first annual joint CDF/ CADA committee meeting. This is really important because what happens with the amateurs will affect the professionals and what happens with the professionals will have an effect on the amateurs. I am currently the Vice President of the Ontario Dance & Dancesport Organization,

which is essentially the provincial form of the CDF. In this capacity I am able to play an active role in some of the decisions made in regards to Canadian Dancesport. I am also a mentor for a number of the amateur teachers in Ontario. This means that I am helping them out if they have any technical questions as well as preparing them for their exams. They are required to pass these tests in order to be able to continue teaching. It is a great system that maintains the quality of teaching for everyone.

I have to say that writing this has taken me down memory lane and that's not a bad thing to do once in a while. I am very lucky to be working at something that I love and am really encouraged with the direction that Dancesport is taking in Canada.

To finish, I would like to say something to all of you out there dancing, whether you are a competitor or just doing it socially. If you really love dancing, don't give up. If you stay positive and focused on the goal you'll get there eventually.

Dear members

If you have any relating to the following and want to publish in the OADA E-News, please submit to us:

- **Dance Partner Search**
- **Dancewear Marketplace (personal per-owned only; for merchants you can inquire our classified ad at a very low cost)**
- **Dance Events - that will be happening in the month.**
- **Dance Photos - any professional or fun amateur photos you think worth us to show to other dancers**
- **Dancers' Corner - your voice about fun and opinion regarding dancesport.**

E-news Director

E-mail: e-newsletter@ontariodancesport.com

HOW TO CREATE A CHAMPION

MINOR TIPS AND NOTES



By **Oleg Yedlin**
World Championship Adjudicator

I was expecting that one day that question would be asked of me. Not because I think I know everything, but because that for the past few years the couples I have trained are achieving very high results. Results which include winning many major competitions, as well as results which put Canada on the podium of the world championships and the finals at the

world championships.

Let's talk a little bit about what is included in achieving this kind of success and result.

TECHNICAL ELEMENTS

TRAINING

Practice, Practice, some more practice and after you are done practicing, you practice some more. That is the formula for success!

The fundamental principle of technical excellence is based on weekly technical classes, classes which allow all the basic fundamental principles to be polished and ironed out to perfection. Behind those technical classes is the absolute necessity for daily practices, where the information given at the technical class can be reviewed and reworked by each individual. In my opinion it is not necessary for a couple to take a lot of private lessons, **especially if after the private lesson there is no practice.** Private lessons in my opinion are designed for the teacher/coach to find the individual aspects of each couple specifically, and create something designed for that couple individually, but based on the fundamental principles reviewed at the technical class. In my studio couples generally take 1-2 private lessons weekly, for each discipline. That is the maximum. The formula for the technical success of the couple is;

TECHNICAL CLASSES > PRIVATE LESSONS > PRACTICE! > SUCCESS

MUSIC

This is perhaps the most sensitive part. The understanding of music is entirely and absolutely different for each individual, but I will try to at least explain little bit and touch on what I work on with the couples when I just start working with them. Afterwards, once the couple has been with me for a while, the concept of music becomes more intricate and difficult.

We categorize and view music as 3 aspects or elements; rhythm, timing, melody. To be musical, in my opinion, means to put together the technical aspects (balance, swing, sway, body transfer, etc.) with the specific beats and accents in a bar of music. Listening

and hearing of music is very individual, and each person in the ballroom be it a dancer, a judge, an audience member, or a DJ, hears and listens to the music differently and in turn the way they perceive the movement being executed to the music they are hearing is also very individual and personal to them.

Rhythm, in my opinion can be accepted in very many variations. When I start teaching I ask that the dancers compose the rhythm of the music, with the rhythm of the body transfer, with the rhythm of when the foot touches the floor. This puts their actions, foot work, and body transfer together and creates one single rhythm for the body action being executed. This sounds like a very simple explanation since the words do not have a practical application. If we think very deeply about putting together the foot connection with the floor, the musical accents in each bar of music, and the body transfer accompanied by the time in which the body transfer from one position to another occurs. We are able to create the interaction between the music and the timing of dancing.

This is the musical base, when you understand what rhythm and timing is you can begin thinking about using the melody in the dancing. The dancers need to start listening to the instruments in each song and begin to understand the character of each piece of music. The melody must be heard and the dancers need to try to communicate that melody through their body basing the execution of the movement on the rhythm and the timing of the music.

MUSIC > MOVEMENT TO THE MUSIC
MOVEMENT > MUSIC FOR THE MOVEMENT

IMPRESSION

We are always judged by a first impression. The way everyone looks is very important. I like to see a balanced couple.... balanced in height, length of arms, etc. I like it when a couple has something which makes it difficult for you to turn away from them. All of this happens long before they begin to dance. A couple, not separately a man and a woman, need to have their own individual beauty and this creates the atmosphere for the couple. The costume needs to match the couple, and please forgive me, but the shoes on the couple **MUST** be new and clean! It is very strange to see a couple which puts on an expensive dress or tail suit, or an expensive Latin costume which costs thousands of dollar, gets the hair and make up done but on their feet are old and ripped shoes. I am not judging or evaluating anyone; I am just speaking about what my opinion is. The beauty of the couple and the couple's physical appearance is one of the factors in success. It is the job of the teacher/coach to find that individual beauty in each couple, nurture and develop that beauty, and allow it to transfer to the dancing of that particular couple.

The most important thing is **INTUITION**, it is the thing that allows the teacher/coach to create a champion, and unfortunately you can not teach that. You either have it or you don't.

Thank you for your attention !!

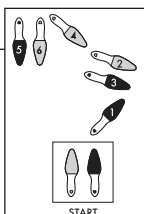


GOLD RUMBA AMALGAMATION

by Tanya Cardinal

(Taken from ISTD Latin American Rumba Technique Book)

- Curl
- Aida with ending #4, method #2 (rock ending to finish with RF fwd in line with LF, turn ½ to L to end in shadow position on 41, RF back Kiki Walks starting from step #2, finish with Fan Ending).
- Hockey Stick
- 1-3 Open Basic
- 3 steps of Back walks, close on 3
- Rope Spinning
- Opening Out Movement to R & L
- Spiral ending finishing in open position to start over

**PATRONAGE CIRCLE**

Patronage definitely helps and supports the growth of our association. We would like to thank the following patrons and are looking forward to see the continuous growth in patronage with your kind support.

GOLD PATRON:

Jessica Tang

PATRONS:

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Alfred Lai

Joan Wong

Yee Fong Lee

H.F. Yeung

Social Dancesport Club

Martina Yu

Boslly

**PARTNER
SEARCH**

Ladies looking for male partners

Level: Silver to Pre-Champ in both International Latin and Standard. Age group: Adult 2 and Adult 3

Height: 5'2"- 5'4"

E-mail: wan900@hotmail.com

Young gentleman is looking for a dance partner.

Category: Junior Level:

Latin Pre-Champ and Standard (optional).

Height: 145cm Age: 12

E-mail: igeft@rogers.com

Phone: 416-432-1179



Male 5'10", slim is looking for a tall, slim Female to compete at the Championship Level Standard (Adult II and Adult III) and possible Latin in the future. Must have competition experience and be fit to compete at the Championship Level.

E-mail: hstala@yahoo.com

Phone: 416-993-2341

Younge male (youth level) 16 years old looking for a female partener ages 14 - 16 committed to dance latin and standard. level bronze- silver for latin and standard minimum. Able to practise, take classes, and compete. must be willing to practise and take classes. - Patrick S

E-mail: rschnurbusch@rogers.com

My name is John and I've been competing for the past 13 years going back to my Bronze days up to Adult Champ Standard II, III the past five years. I'm looking for a partner who is prepared to practice, set goals, compete and be willing to change to get better. A love of our sport is a must. I have been President of DanceSport Atlantic for the past 7 years and want to see our sport grow. I love people and want to share my joy of dancing with a like minded partner. Interested?

E-mail: john.mcdermott@ns.sympatico.ca
Phone: 902-434-6828.

**COMPETITIVE FEMALE PARTNER WANTED**

I am an experienced, male, successful, B2 competitor in Amateur American Couples Silver. I am looking for an American or International partner to compete in Gold American Couples Smooth.

Her age is not a factor. Over the last nine years I have danced and won all of the levels of Amateur American Couple Competition from Newcomer to Full Silver, most wins being duplicated several times. In addition, we have won the Best American Couple a number of times. I have learned and been tested on the Gold Smooth Routines and have the time to practice with the new partner so that she can feel comfortable in Competitions.

I am 5 ft 11 in., semi-retired, divorced. I feel very comfortable on the Competition floor. I enjoy good music, politics, and traveling, especially cruising. For further information, please contact me at E-mail: thanyk@execulink.com

Market Place



Green ballroom dress

(OADA-20090402) Size: S-M
heights 160-170 cm

Price: CAN \$700 (Negotiable)

Description: Green ballroom dress in good condition! Great color on the floor and moves really well. It is decorated with 40 gross of Swarovski crystals of different sizes. It comes with 2 long gloves made of skin color mesh and decorated with Swarovski crystals. The floats are sawed on in 2 points each, on the glove and back of the dress, but you can easily re-arrange/remove them.



Contact info:
Irina Cell: 416-788-2393
e-mail: irina@siberlogic.com
Location:
Toronto, Ontario, Canada

Latin dress with flowers

(OADA-20090403) Size: S-M
heights 160-170cm

Price: CAN \$700 (Negotiable)

Description: This dress is in a great condition, very comfortable and easy to put on. It looks very cute on the floor and the skirt has an amazing movement. Dress is made out of lycra, lace and satin with built in cups (B). It is decorated with 15 gross of AB crystal (SS20-SS40) Swarovski stones. It comes with 5 different-size bracelets decorated with Swarovski stones.



Yellow Latin dress

(OADA-20090402) Size: S-M
heights 160-170 cm

Price: CAN \$550 (Negotiable)

Description: This dress is in a great condition. It is very comfortable and has great movement. Dress is made out of stretch mesh, lace and lycra with built in cups (B). It is decorated with 50 gross of AB crystal and jet hematite (SS16-SS18) Swarovski stones. The dress comes with two different length gloves.



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For those who want the very Best*

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- * Technique Classes
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Elite Dance Studio

30 Kern Road, Suite 201, Toronto

Tel: (416) 385-8866

www.elitedancestudio.com

Dance Events

Here are some of the local dancing places listing about weekly group lessons and practice/ tea time hours.
More venues would be added. If you have any suggestions please do not hesitate to let us know.

Monday

CM Cha Cha Cha	13:00-16:00	Tea Dance
CM Cha Cha Cha	19:00-20:00	Standard Silver Class
CM Cha Cha Cha	20:00-21:00	Standard Silver/Gold Class
CM Cha Cha Cha	20:00-21:00	Latin Group Class
CM Cha Cha Cha	21:00-24:00	General Dancing
DCBS Yorkland	19:00-20:00	Level 1 Class
DCBS Yorkland	20:00-21:00	Level 2 Class
DCBS Yorkland	21:00-22:00	Level 3 Class
Elite Dance Studio	19:00-20:00	Social Dance Group Class
Elite Dance Studio	20:00-21:00	Standard Bronze Class
Elite Dance Studio	21:00-22:00	Standard Silver Class
Elite Dance Studio	21:00-22:00	Latin Gold/Open Class
Elite Dance Studio	22:00-24:00	Standard Dance Practice Night
HH Dance	21:00-22:00	Standard Pre-bronze/Beginner Class
Viva Dance	17:00-20:00	Children's Ballroom Program
Viva Dance	21:00-22:30	Latin Technique Class
Ziles Leung Dance Studio	19:00-20:30	Beginner Group Class
Ziles Leung Dance Studio	21:00-22:30	Intermediate Group Class

Tuesday

CM Cha Cha Cha	13:00-16:00	Tea Dance
CM Cha Cha Cha	19:30-21:00	Standard/Latin Group Class
CM Cha Cha Cha	21:00-24:00	General Dancing
DCBS Yorkland	19:00-20:00	Level 1 Class
DCBS Yorkland	20:00-21:00	Level 2 Class
DCBS Yorkland	21:00-22:00	Level 4 Class
Elite Dance Studio	12:00-15:00	Afternoon Tea Dance
Elite Dance Studio	20:00-21:00	Latin Beginner Class
Elite Dance Studio	20:00-21:00	Rumba/Jive Technique Class
Elite Dance Studio	21:00-22:00	ChaCha/Samba Technique Class
Elite Dance Studio	22:00-24:00	Standard Dance Practice Night
Viva Dance	17:00-20:00	Children's Ballroom Program
Viva Dance	20:00-21:00	Standard Adult Beginner/Intermediate
Viva Dance	21:00-22:00	Standard Adult Advanced/Open

Wednesday

CM Cha Cha Cha	19:00-20:30	Standard/Latin Group Class with half hour free practice
CM Cha Cha Cha	22:00-24:00	General Dancing
DCBS Hansa Haus	19:00-20:00	Level 1 Class
DCBS Hansa Haus	20:00-21:00	Level 2 Class
DCBS Hansa Haus	21:00-22:00	Level 4 Class
Elite Dance Studio	12:00-15:00	Afternoon Tea Dance
Elite Dance Studio	19:00-20:00	Standard Beginner Class
Elite Dance Studio	20:00-21:00	Latin Bronze Class
Elite Dance Studio	21:00-22:00	Standard Gold/Open Class
Elite Dance Studio	22:00-24:00	Standard Dance Practice Night
Social Dancesport Club	19:00-22:00	Standard and Latin Open Dance
Viva Dance	17:00-20:00	Children's Ballroom Program
Viva Dance	20:00-21:00	Teen Latin Beginner
Viva Dance	21:00-23:00	Salsa Night Club Dancing Class

Thursday

CM Cha Cha Cha	13:00-16:00	Tea Dance
CM Cha Cha Cha	21:00-24:00	General Dancing
DCBS Hansa Haus	19:00-20:00	Level 1 Class
DCBS Hansa Haus	20:00-21:00	Level 2 Class
DCBS Hansa Haus	21:00-22:00	Level 3 Class
DCBS Yorkland	19:00-22:00	Practice - Latin/Standard
Elite Dance Studio	12:00-15:00	Afternoon Tea Dance
Elite Dance Studio	19:00-20:00	Standard Silver Class
Elite Dance Studio	20:00-21:00	Standard Technique Class
Elite Dance Studio	21:00-22:00	Latin Silver Class
Elite Dance Studio	22:00-24:00	Standard Dance Practice Night
HH Dance	19:00-20:00	Latin Beginner Class
HH Dance	20:00-21:00	Latin Intermediate Class
HH Dance	21:00-22:00	Standard Silver Class
Viva Dance	17:00-20:00	Children's Ballroom Program
Viva Dance	20:00-23:00	Practice - Latin/Standard
Viva Dance	21:00-22:00	Latin Adult Beginner
Ziles Leung Dance Studio	19:30-21:00	Intermediate Group Class

Friday

CM Cha Cha Cha	18:30-20:30	Latin Group Class
CM Cha Cha Cha	20:00-00:30	Social/International/Line Dance
Elite Dance Studio	12:00-15:00	Afternoon Tea Dance
Elite Dance Studio	19:00-20:00	Standard Advanced Technique Class
Elite Dance Studio	20:00-24:00	General Dancing All Levels
Viva Dance	17:00-20:00	Children's Ballroom Program
Viva Dance	20:00-23:00	Practice - Latin/Standard

Saturday

CM Cha Cha Cha	11:30-12:30	Teenage Latin Dance Class
CM Cha Cha Cha	12:30-13:30	Teenage Hip Hop Class
CM Cha Cha Cha	13:30-14:30	Teenage Break Dancing Class
CM Cha Cha Cha	20:00-24:00	Dancing with Live Band
Elite Dance Studio	20:00-24:00	Social Dancing
HH Dance	19:00-20:00	Standard Bronze Class
HH Dance	20:00-24:00	Weekly General Dance
Viva Dance	10:00-17:00	Children's Ballroom Program
Viva Dance	20:00-24:00	Saturday Night Dance
Ziles Leung Dance Studio	10:30-12:00	Beginner Group Class
Ziles Leung Dance Studio	12:00-13:30	Intermediate Group Class

Sunday

CM Cha Cha Cha	14:30-18:00	General Dancing
Elite Dance Studio	19:00-23:00	General Dancing All Levels
HH Dance	10:00-11:00	Belly Dance Beginner/Intermediate
HH Dance	16:00-17:00	Latin Pre-bronze/Beginner Class
HH Dance	17:00-18:00	Standard Pre-bronze/Beginner Class
HH Dance	20:30-22:00	Standard Technique Class
Social Dancesport Club	16:00-18:00	Standard and Latin Open Dance
Social Dancesport Club	18:00-20:00	Salsa Merengue Bachata Practice
Viva Dance	20:00-22:00	Practice - Latin/Standard
Viva Dance	20:00-22:00	Salsa Night Club Dancing Class
Ziles Leung Dance Studio	13:00-14:30	Intermediate Group Class
Ziles Leung Dance Studio	15:00-16:00	Technique Class

Special Events

PLACE	DATE	TIME	SPECIAL EVENT
CM Cha Cha Cha	May 1, 2009	19:00-00:30	Spring Dinner Party Showcase by Anastasia Florin and Stanislav Kochergin
Ziles Leung Dance Studio	May 8, 2009	19:00-11:30	Ziles Birthday Dinner Dance Party with feature performance by Patrick and Ella
Elite Dance Studio	May 17, 2009		Mandarin Lions Arts Festival Ballet and Ballroom Dance Showcase

Thanks to the following dance studios and clubs for providing information:

LOCATION	ADDRESS	TELEPHONE	EMAIL	WEBSITE
Social Dancesport Club	15 Harmony Road North, Oshawa	905-447-4520	meetupshawadance@yahoo.ca	www.meetup.com/ballroomdance-147/
Dance Club Blue Silver (DCBS) Yorkland	180 Yorkland Blvd., Willowdale	416-657-2660	ask_us@dancebluesilver.com	www.dancebluesilver.com
Dance Club Blue Silver (DCBS) Hansa Haus	6650 Hurontario Street, Mississauga	416-657-2660	ask_us@dancebluesilver.com	www.dancebluesilver.com
Viva Dance	55 Doncaster Avenue, Suite 200, Thornhill	905-763-9051	cardinal@vivadance.net	www.vivadance.net
Elite Dance Studio	30 Kern Street, Suite 200, Toronto	416-385-8866	ballroom@elitedancestudio.com	www.elitedancestudio.com
HH Dance & Fitness	7310 Woodbine Avenue, Unit 7A, Markham	905-944-9696	info@hhdance.com	www.hhdance.com
CM Cha Cha Cha Dance Studio	90B Centurian Drive, Units 8&9, Markham	905-475-6899	cmchachacha@yahoo.ca	www.cmchachacha.com
Ziles Leung Dance Studio	333 Denison Street, Unit 19, Markham	905-947-8066	leungziles@hotmail.com	www.zilesdancestudio.com